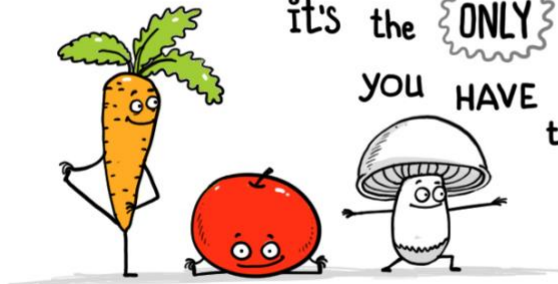




ARMY PUBLIC SCHOOL, BIRPUR
SUMMER HOLIDAY HOMEWORK
SESSION: 2024-2025
CLASS: 1

THEME: HEALTHY LIFESTYLE

Take CARE of your Body.
it's the ONLY PLACE
YOU HAVE to Live.





Jim ROHN

BITSKOFF

MATHS:

Q1. Make a food mat by vegetable printing using different patterns.

Q2. Count the fruits and write its number name:

| FRUITS | NUMBER NAME |
|---|-------------|
|  | |
|  | |

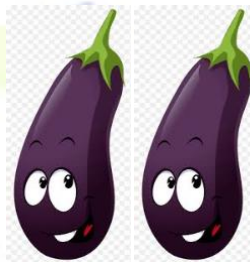
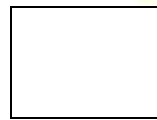
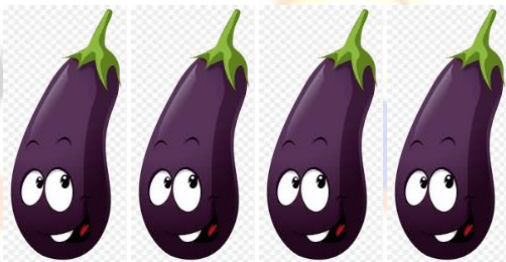


Q3. On the plate below draw and colour the foods you think would make a healthy meal using different shapes.



Q4. Put $>$, $<$ or $=$ sign .

i.



ii.

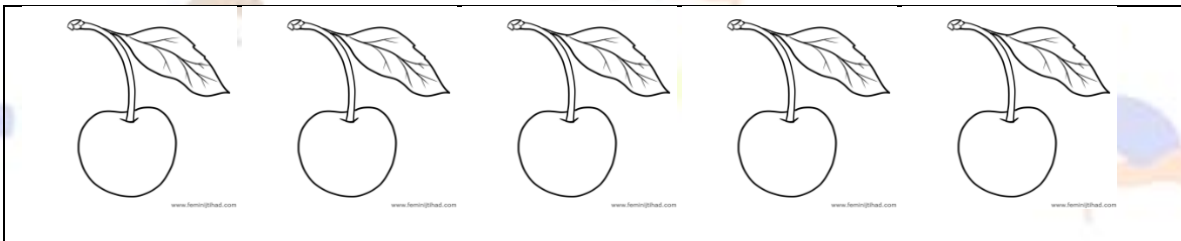


iii.

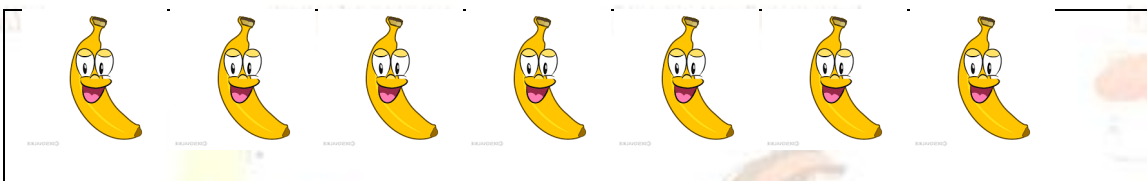


Q5. Solve:

i. Colour the **third** cherry.



ii. Tick the **fifth** banana.



iii. Circle the **seventh** guava.



Q6. Learn the tables from 2 to 5.

Q7. Practice all the questions done in the class.

NOTE: Children can print or do this worksheet on an A4 sheet.

ENGLISH:

LISTENING SKILLS

- Open the link and listen to the story from e- Jaduipitara app
<https://obj.diksha.gov.in/ntp-content>

SPEAKING SKILLS

- Speak on Myself or My family and record and send the video.

READING SKILLS

- Read a story book. Ex ladybird book

WRITING SKILLS

- Write 5 page handwriting in a thin notebook.
- Learn and write any 5 fruits and vegetables name.

CREATIVE SKILLS

1. Fill in the missing vowels.

_r _n g _



M _l k



T _m _t _



C _r r _t













2. Match the Rhyming words.

Match The Rhyming Words

- | | |
|---------|------|
| 1. Bat | Lip |
| 2. Red | Bun |
| 3. Kit | Hot |
| 4. Cry | Sail |
| 5. Tip | Fry |
| 6. Nail | Bit |
| 7. Pot | Hat |
| 8. sun | bed |

3. Look at the picture and write the correct blend.

PICK THE BLEND

| | |
|---|---|
|  <input type="text"/> ag |  <input type="text"/> eep |
|  <input type="text"/> anet |  <input type="text"/> oud |
|  <input type="text"/> ocks |  <input type="text"/> ass |
|  <input type="text"/> ice |  <input type="text"/> ower |
|  <input type="text"/> ock |  <input type="text"/> ate |
|  <input type="text"/> ue |  <input type="text"/> ue |

- | | | | | | |
|-----------|-----------|-----------|-----------|-----------|-----------|
| bl | cl | fl | gl | pl | sl |
| bl | cl | fl | gl | pl | sl |

4. Learn all the work done in English notebook.

NOTE: Children can print or do this worksheet on an A4 sheet.

हिंदि:

1. पाँच पृष्ठ सुलेख कीजिए ।
2. पौष्टिक खाद्य सामग्री के चित्र एकत्रित कर उसका एक कोलाज बनाइए ।
3. नोटबुक में करवाए गए सभी कार्य का अभ्यास कीजिए ।
4. बीस सब्जियों के नाम खोजिए-

दिशा निर्देश → ↓ ↘ ↙

created by -Neetika A.T. bulandshahar

| | | | | | | | | | | |
|----|-----|-------|----|-----|-----|------|-----|------|-----|-----|
| तो | अ | फ्रें | च | बी | न्स | लौ | मू | पु | दी | ना |
| ध | री | द | प | म | की | गा | ली | प्या | से | ह |
| नि | बैं | अ | र | बी | श | ल | ज | म | ग | री |
| या | ग | भिं | व | क | क | रू | टिं | र | वा | मि |
| चौ | न | डी | ल | पा | र | डा | म | क | र | र्च |
| ला | ब | क | म | ल | क | क | ड़ी | ट | स | फू |
| ई | रे | थु | चा | क | न्द | रों | दू | ह | र | ल |
| ला | में | थी | आ | लू | लो | दा | ज | ल | सों | गो |
| शि | म | ला | मि | र्च | बि | न | बं | द | गो | भी |
| ट | मा | ट | र | सो | या | ब्रो | क | ली | खी | रा |

दी गई पहेली का प्रिंट आउट निकालिए

एक पतली नोटबुक बनाकर सारा कार्य उसमें कीजिये ।

EVS:

1- With the help of your mother learn how to make curd at home. Click its pictures and paste them in the scrap book.

2- **Yoga teaches you how to listen to your body.** Learn any two Yoga asanas, click the pictures while practicing and paste them in the scrap book also write its name and minimum 2 benefits.

3- Play any one indoor game with friends and family, click its pictures and paste them in the scrap book.

4-Learn all the work done in the notebook so far.

Note: All the holiday Home work is to be done in a thin Scrap Book.

HAPPY HOLIDAYS