



ENGLISH

Reading Skills

A. Read the passage carefully and answer the following questions:

Healthy foods are important for our bodies to grow strong and stay healthy. Fruits and vegetables are some of the healthiest foods we can eat. They come in many different colours and flavours. Apples, oranges, carrots and broccoli are just a few examples of these nutritious foods. They are packed with vitamins and minerals that help us to stay energized and keep our immune system strong. Eating healthy foods also helps us to have strong bones and teeth. So, next time you are hungry, reach for a delicious and nutritious fruit or vegetables.

Q1. Why are healthy foods important?

Q2. What do fruits and vegetables provide us with?

Q3. How do healthy foods help our bodies?

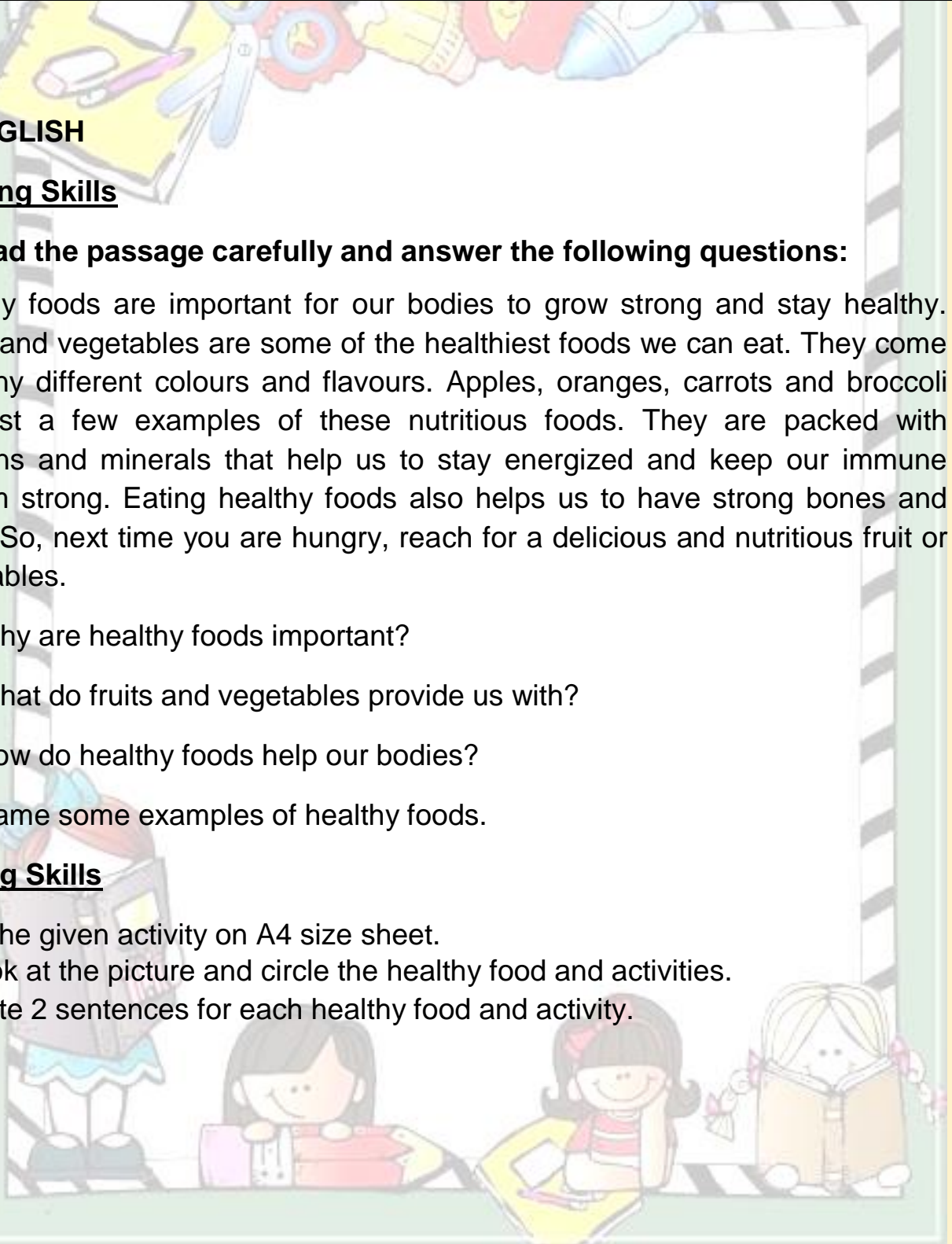
Q4. Name some examples of healthy foods.

Writing Skills

B. Do the given activity on A4 size sheet.

Look at the picture and circle the healthy food and activities.

Write 2 sentences for each healthy food and activity.





C. Read any one story book.

*Make a title page and write the moral of the story.

D. Do 5 pages writing on A4 sheets.

Listening Skills

E. Click on the link given below. Watch and listen the video carefully.

<https://www.youtube.com/watch?v=d1ymc311xs8>

Creative Skills

F. Summers are here and its time to have some exotic drinks. Write the recipe, preparation time and ingredients used on A4 sheet.

G. Revise the PT1 syllabus.

हिंदी

1. दूध हमारे स्वास्थ्य के लिए अति आवश्यक है इसलिए हमें दूध अथवा दूध से बनी चीज़ों का सेवन करना चाहिए जैसे दही, पनीर आदि। दही से मीठी लस्सी बनाइए तथा उसकी तस्वीर खींचकर चिपकाइए और लस्सी पीने के कोई तीन फायदे लिखिए।

2. पाँच पृष्ठ सुलेख लिखिए।

3. अपनी पसंद की कोई एक कहानी पढ़िए और उसका सारांश लिखिए तथा उसका शीर्षक पृष्ठ बनाइए।

4. अभी तक करवाया गया कक्षा कार्य याद कीजिए।

नोट : दिया गया गृहकार्य ए4 शीट में कीजिए।

EVS

1. Prepare a Healthy Breakfast in the form of **SPROUTS SALAD** using sprouted pulses like (Moong, Kidney beans, Chick peas, Black gram etc) as per your choice. Use vegetables also of your choice and prepare a colorful salad. Click a picture of Salad plate in your hands and take a printout and paste it on A4 size sheet.

2. Make a model of 'WHEEL OF FORTUNE' of a Healthy Lifestyle (eating, drinking, washing, exercise, sleeping habits) with the help of a cardboard

MATHS

1. Mental Ability

Answer the following questions

- $400 + 30 + 9 = \underline{\hspace{2cm}}$
- $999 + 1 = \underline{\hspace{2cm}}$
- $100 - 1 = \underline{\hspace{2cm}}$
- $X - III = \underline{\hspace{2cm}}$
- $11 \times 5 = \underline{\hspace{2cm}}$
- $12 \times 10 = \underline{\hspace{2cm}}$
- $6564 - 1 = \underline{\hspace{2cm}}$
- Three thousand five hundred sixty = $\underline{\hspace{2cm}}$
- $8768 - 0 = \underline{\hspace{2cm}}$
- $5000 - 2000 = \underline{\hspace{2cm}}$

2. FIND OUT THE TOTAL COST OF HEALTHY FOOD

Name any five healthy things that you can buy in ₹500. Write the cost of those things.

Also find out the total amount spent and remaining amount.

3. PROJECT WORK : Make any one model from the following list-

a) Roll no 1 to 10 -Place value model

Reference link <https://youtu.be/LbEqH25ndf0?si=YqGh2tI0ZSP7fqbo>

b) Roll no 11 to 20 -Addition machine

Reference link <https://youtu.be/lGSB5cc1gU4?feature=shared>

c) Roll no 21 to 30- Subtraction machine

Reference link

<https://youtu.be/yZMRoH4oITE?si=UtGuOKuBSwSOTIMv>

d) Roll no 31 to 40-Multiplication table wheel

Reference link <https://youtu.be/tlZp-WfOhdg?si=5yiqHMfwHTLR3En4>

e) Roll no 41 to 50-Division machine

Reference link <https://youtu.be/qAVa4hM--NM?si=emuLDbS-OQak4WGp>

4. Revise all work done in class. Learn tables of 11 and 12 (Do Q1 & Q2 in A4 sheet)

