



ARMY PUBLIC SCHOOL



BIRPUR



MONTHLY REPORT

MAY 2024

SCHOOL ACTIVITIES FOR THE MONTH OF MAY 2024

(MIDDLE-WING AND SENIOR-WING)

SPIC MACAY PROGRAM

On 27th April, 2024 Students of class VII, VII, VIII and IX of Army Public School, Birpur witnessed the SPIC MACAY program which was conducted for spreading awareness about our country's rich cultural heritage to the student's community. The renowned artist, the winner of the prestigious Central Sangeet Natak Academy Award, Dr. Neena Prasad performed Mohiniyattam and also briefed the students regarding the meaning of the hand and face gestures performed during the dance. Students enthusiastically watched the performance.



SPECIAL ASSEMBLY, 1 MAY 2024

A special assembly was conducted by Raina House on 1st May 2024 on the theme of the month 'Listening Skill -Listening is an Art that requires attention over talent, spirit over ego, others over self' and 'Labour Day'. It began with the morning prayer followed by thought of the day by Vanshika of Class 8B and News by Abhinav of 10 F. Speech on the theme of the month was given by Anurag from class 12 A.

Speech on the occasion of Labour Day was presented by Sahil Singh of 9D and a poem was presented by Anushka Rawat of class 8B. A token of appreciation was given to the support staff as a kind gesture to highlight the importance of this day, and the assembly concluded with the National Anthem.



CENTRAL COMMAND CLUSTER V BASKETBALL BOYS U – 17 TOURNAMENT (1 TO 3 MAY 2024)

The Central Command Cluster 5 Basketball Boys U17 Tournament took place at APS Birpur from May 1st to May 3rd, 2024. The tournament showcased the talent and competitive spirit of young basketball players from various Army Public Schools within Cluster 5.

The listed school teams that participated in the tournament are as follows:

1. APS Roorkee No 1 & 2 Combined
2. APS Meerut
3. APS Clement Town
4. APS Birpur

The final match of the tournament was contested between APS Clement Town and APS Roorkee.

Results:

- Winner: APS Clement Town
- Runner-up: APS Roorkee



EDUCATIONAL TRIP TO WADIA INSTITUTE (1 TO 3 MAY 2024)

An educational trip was organised for the students of all the sections of class IX: A, B, C, D, E and F. The aim of the trip was to enhance their knowledge and make them familiar with the renowned institutions and museums of Dehradun. Upon arrival, the students were greeted by research scholars of the institute who then briefed them about the functioning and importance of the museum as well as the institute. Students also observed real time seismic data at the institute. The institute also has a Multi-Parametric Geophysical Observatory in Tehri, which further enriched the students' learning experience.



ADOLESCENCE EDUCATION PROGRAMME, 10 MAY 2024

The Adolescence Education Programme (AEP) for the students of class X was conducted on 10 May 2024 at the Army Public School, Birpur. The Program was arranged in Physics Lab in 7th and 8th period. The objective behind this programme was to provide appropriate information to the students on physical, mental, emotional and social problems related to adolescent stage. Substance Abuse topic was a major concern as it is a growing problem among Adolescents.



BAGLESS DAYS (8 TO 10 MAY 2024)

APS Birpur observed 'Bagless Day' for classes VI to VIII on 8, 9 and 10 May. All the students exhibited considerable amount of enthusiasm for all the activities.

Following activities were conducted during 'Bagless Days':

A. COUNSELLING SESSION-In order to address the behavioural issues of classes 6 to 8 students, counselling sessions were conducted by the School Counsellor Mrs Shreya Rawat. Following points were discussed with the students:

- i. Cleanliness of the classroom and its surroundings.
- ii. Nothing to be written on the walls of classrooms and washrooms.
- iii. No abusive language.
- iv. No bullying.
- v. No class bunking
- vi. Respect and help everyone.
- vii. Minimal use of mobile phones and utilize time judiciously.

B. ENGLISH AND HINDI DICTATION –Spelling is a crucial component of the language and a foundational skill that the students will carry throughout their academic and professional life. Therefore, to widen children’s vocabulary and to expose them to a richer set of linguistic patterns, English dictation and Hindi shrutlekh was conducted during bagless days.

C. STORY NARRATION–Story narration is the spoken commentary to convey a story to the audience. It helps children to process what they have learnt and encourages use of imagination and creativity. Thus, to enhance students’ verbal proficiency, imagination and creativity, story narration activity was conducted in the bagless days. All the students actively participated in the activity.

D. READING ACTIVITY – In order to inculcate reading habits in students, reading activity was conducted. Students were asked to bring books. All the students enthusiastically participated in the activity.



PAINTING COMPETITION, 3 MAY 2024

Two students from Army Public School participated in a painting competition held at Sahodya Rishikesh Inter College on May 3, 2024.



DEAR (DROP EVERYTHING AND READ),07 MAY 2024

In order to instil reading habits among children APS Birpur conducted the D.E.A.R Activity for all the students. Children were encouraged to bring their own favourite book for reading and to put aside all distractions and enjoy books together.



DISTRICT BASKETBALL TOURNAMENT (8 TO 11 APRIL 2024)

The District Basketball Tournament was organized by the District Basketball Association from April 8 to April 11 at the ONGC Basketball Arena, Dehradun. APS Birpur participated in this tournament and reached the quarterfinals. Ayush Negi, from class 12A, was selected from the team to participate in the 74th Junior National Championship 2024 held in Indore, Madhya Pradesh, from May 8th to May 14th, 2024. He represented the state of Uttarakhand.



INTER HOUSE SPORTS COMPETITION (KHO KHO GIRLS) 9 & 10 MAY 2024

The Middle Wing of APS Birpur witnessed an exhilarating display of athleticism and team spirit during the Inter House Kho Kho Girls' Competition held on 9 and 10 May 2024. Match for 3rd place was played between Thimayya and Vaidya house where Thimayya got 3rd position. The final match was played between Manekshaw and Raina House where Manekshaw emerged as winner of the Inter House Kho Kho Middle wing Girls competition.



INTER HOUSE SPORTS COMPETITION (FOOTBALL BOYS) 9 & 10 MAY 2024

On 9 and 10 May 2024, the Interhouse football boys' matches were held in the Aps Birpur. The event saw participation from all the four houses competing against each other to make it to the finals. Match for 3rd place was played between Vaidya and Raina house where Vaidya got 3rd position. The final match was played between Manekshaw and Thimayya House where Manekshaw emerged as winner of the Inter House Football Middle Wing Boys Competition.



PRAYAS - A HELPING HAND/ VIDYANJALI INITIATIVE, 10 MAY 2024

On May 10, 2024, seven students from Class XII and two teachers from Army Public School, Birpur, took the initiative under the ongoing CSR/Prayas/Vidyanjali Initiative to raise awareness about the menstrual cycle and personal hygiene. Students from classes VIII to XI of the government school were informed about the serious health

risks associated with poor menstrual hygiene. Additionally, they were educated on the benefits of good hygiene practices.



JAL SHAKTI ABHIYAAN: CATCH THE RAIN CAMPAIGN, 27 APRIL TO 21 JUNE

Under the CBSE circular, APS Birpur actively took part in the Jal Shakti Abhiyaan "Catch the Rain" campaign, launched by the honorable Prime Minister. This initiative focuses on rainwater harvesting, water conservation, intensive afforestation, and involving young minds in the Jal Andolan. Students from classes 6 to 8 along with the teachers enthusiastically joined the campaign, and our NCC students played a pivotal role as Jaldoots, the school carried out various activities to fulfill the campaign's objectives. The activities undertaken included:

1. **Introduction of the activities-** In the morning assembly, Chetna Bohra, a student of class 8B, apprised the students from classes 6 to 8 about the campaign and outlined the activities to be undertaken. Teachers and students also took a pledge during the assembly, committing to not waste a single drop of water and actively participate in saving it.
2. **Painting competition-** NCC students participated in a painting competition, creating informative artworks on depicting various methods to conserve water and its recycling.
3. **Plantation-** Students planted various trees and plants to promote afforestation.
4. **Rally-** A rally was organized within the school campus by the Jaldoots to raise awareness about water conservation.
5. **Door to Door Awareness Campaign-** Jaldoots visited nearby residential quarters to educate the community about water conservation, recycling and reuse.
6. **Workshops (Jalshalas)-** Teachers conducted workshops in their respective classes, discussing topics such as the pH value of water, methods of water conservation, rainwater harvesting, and various government projects. These sessions utilized resources from magazines, newspapers, and the internet. The workshops were highly interactive, with students actively engaging by asking questions about different schemes. Additionally, students were instructed to gather information related to water conservation and management.



ENGLISH ESSAY WRITING COMPETITION, 24 MAY 2024

Army Public School Birpur conducted an Inter House English Essay Writing Competition on 24 May,2024 at 8:30 am in Conference room. Two students of class XI and XII of all the four houses participated in it. The students were given 50 minutes to write down the essay of 350-400 words.



ECHS – SPARSH VOLUNTEER SERVICE, 29 to 31 May 2024

Twelve students from APS Birpur attended a one-hour training program at ECHS under the guidance of Col R. S. Mehta (OIC, ECHS Polyclinic) from May 29 to May 31, 2024. They learned about the dependents of Defence personnel, criteria for dependency, ECHS card procedures, online slot booking, card renewal, referral process, medicine distribution, doctor's rooms, visiting hours, patient types, empanelled hospitals, ex-servicemen documentation, and OPD/IPD services.



SUMMER CAMP, 27 MAY 2024

APS Birpur organized a six-day Summer Camp, inaugurated by Principal Mrs. Neelam Kaushik on May 27, 2024. The event witnessed the presence of Vice Principal, teachers, and enthusiastic campers. The camp offered various engaging activities such as art and craft, Zumba, calligraphy, cooking without fire, as well as sports activities like boxing, and football. Specifically designed for students from classes 6 to 9, the Summer Camp aimed to nurture the creative talent of the children. In her inaugural address, Principal Mrs. Neelam Kaushik expressed hope that the camp would provide a delightful and rejuvenating experience for the children during their vacation.



SUMMER CAMP ACTIVITIES (27, 28, 29,30 & 31 MAY 2024)

Yoga & Meditation

The students were introduced to the practice of Yoga. They began their session by engaging in warm-up exercises to prepare their bodies for the practice. Additionally,

they learned and practiced suksham vyayam and meditation. And it was performed daily after the attendance.



Poetry and Dramatics

Students enjoyed their poetry and dramatics sessions. They wrote poems and practised for the character and script of 'Merchant of Venice' which they enacted on the closing ceremony.



Best out of waste

Students discovered the joy of repurposing waste materials by crafting photo-frame using card-boards of old practical files. They also learnt to make paper baskets using paper plates.



Boxing

The students were engaged in various activities including rules and regulations, Guard position and shadowboxing. Overall, all the students demonstrated their keen participation and enthusiasm in these activities.



Vocal & Instrumental

On the first day of summer camp, children learned to play different instruments (Harmonium, Tabla, guitar, octo pad, Bongo and Drum set). They also learnt different songs.



Cooking without Fire

In an exciting culinary adventure, children eagerly learnt the art of creating tantalizing Veg Mayo Sandwiches, sprout salad, Bhel-puri and fruit chaat. All children were happy and participated with full enthusiasm.



ZUMBA

Zumba is a form of aerobic fitness exercise based on Latin American Dance rhythms. The students enjoyed and learned some basic steps of Zumba dance. And practised on a song to perform on the closing day.



Robotics and AI

Students learnt the basics of 3D Printing and CAD Designing. The students of classes VI to VIII enjoyed sessions on CAD Designing & Doodling where they learnt how to use the 3D pen. Students of the class IX learnt the various tools of CAD Designing. Students made different types of 3D objects like Maps of India, Different types of Flowers & Buckets, Sunglasses and many more. Students were given the introduction of DRONES. The students of classes VI-IX were given an overview of working principle of Aerodyne such as Airplane, Helicopter & Glider. Students also learnt the various fields where Drones are being used now a days. They also learnt about Drones Assembling & working.



Football

The football event in the summer camp witnessed enthusiastic participation from students of classes 6 to 9. The students were divided into two groups: Group A consisting of students from classes 6 and 7, and Group B comprising students from classes 8 and 9.

The Children played group football matches after starting with warm-up exercises and some recreational fun games involving football fundamental skills like shooting throwing.



Basketball

As this game is a team sport played between two sides, students understood the concepts of the offensive team and the defensive team. They also practiced moving the ball around the court by passing and dribbling. The students remained engaged in various activities including warm-up, dribbling skills, and recreational basketball games.



Dance

The dance group offered an insightful introduction to the Ganesh Vandana dance form. Students practiced basic steps related to that and performed that on the closing ceremony.



Art and Craft

During an engaging art and craft session, students made beautiful flower vases using plastic bottles. They also applied plaster of Paris on them and painted the vases.



Calligraphy

Students were introduced to calligraphy and its different type of tools. They were also demonstrated different techniques to hold pen and paper. The students made beautiful bookmarks with the quotes related to Save Earth, Save Resources, Environment our Life and exhibited their writing skills through different forms of calligraphic fonts. They wrote beautiful thoughts and their own names using different strokes of calligraphy.



Taekwondo

Students were made aware about the rules and regulations of Taekwondo. Children learnt basic warm up exercises and basic punch with right and left arm.



Rugby

An introduction to the game, along with basic rules and regulations, was provided to the students. The students learnt warm-up and stretching exercises and also learned to handle a rugby ball.



Athletics

In athletics, students remained engaged in warm-up exercises, stretching, and recreational activities such as leg cricket, which involved fundamental athletic skills.



Visit to FRI, 29 May 2024

On 29 May 2024, APS Birpur organized an educational trip to the FRI Museum for the students of classes VI and VII. A total of 95 students, accompanied by five teachers, visited the FRI Museum. It was a great learning experience for the children; they were very excited and amazed to see the collections and types of wood. They also learned about the diseases and bugs that harm wood, woods of economic importance, fruits, flowers, state trees of India, silk rearing, and decorative and utility items made of bamboo and jute.



Visit to FRI, 30 May 2024

On 30 May 2024, APS Birpur organized an educational trip to the FRI Museum for the students of classes VIII and IX. A total of 69 students, accompanied by five teachers, visited the FRI Museum. The children had a fantastic learning experience. They were fascinated by the different collections and types of wood. They also discovered the diseases and bugs that damage wood, learned about important types of wood, and saw various fruits, flowers, and state trees of India. Additionally, they learned about silk rearing and saw many decorative and useful items made from bamboo and jute.



The Closing Ceremony

On May 31, 2024, the Closing Ceremony of the Summer Camp was held at the senior wing of APS Birpur. The camp focused on fostering creativity, enhancing practical knowledge, and encouraging physical fitness and cultural appreciation through a variety of activities and performances. It aimed to create a holistic learning environment that nurtured students' personal growth and confidence. The event showcased a variety of activities where students demonstrated their unique skills. These included Cooking without Fire, Best Out of Waste, AI/Robotics, and Calligraphy. Additionally, there were stage performances such as Bengali dance, Zumba dance, Yoga, Drama, and self-composed songs with musical instruments, highlighting the students' diverse talents. Furthermore, students were also provided with refreshment.

The ceremony concluded with the principal felicitating the participants, teacher in-charges, and members with certificates of appreciation, boosting the morale of everyone involved.

